



## RECOMMENDATION LETTER

I am pleased to write this letter of recommendation for Miss Sajeela Aslam, ID 33102-4009459-2 a highly motivated and exceptional psychology student. I have had the privilege of mentoring and teaching Sajeela Aslam during her last year at Government College University Faisalabad, where I have had the opportunity to observe her academic and personal growth. She has graduated in BS (Hons) Applied Psychology in August 2023 and earned 137 credits with the CGPA of 3.88(out of 4.00).

Miss Sajeela Aslam is, without a doubt, one of the most outstanding students I have had the pleasure of working with. Her dedication, passion, and innate talent for psychology have been evident from the very beginning. I am confident that Sajeela Aslam possesses the qualities necessary to excel in any academic or professional endeavor she chooses to pursue. She has some specific qualities and experiences that make her an exceptional psychology student like academic excellence. Sajeela Aslam consistently demonstrated exceptional academic performance in all her psychology courses. Her in-depth understanding of psychological theories and her ability to apply them to real-world situations is truly impressive. Furthermore, she has strong analytical skills and possesses a keen analytical mind, allowing her to critically assess complex psychological phenomena and present her findings effectively. She also has a passion for helping others even beyond her academic achievements, Sajeela Aslam has shown a deep commitment to using her knowledge of psychology to help others. Her empathy, active listening skills, and dedication to making a positive impact on individuals' mental health are truly commendable.

I have no doubt that Miss Sajeela Aslam will excel in any graduate program or professional position she chooses to pursue within the field of psychology. Her academic achievements, combined with her personal qualities, make her a valuable asset to any institution or organization. If there are any questions regarding her reference feel free to contact me.

Dr. Qasir Abbas  
Associate Professor  
Department of Applied Psychology  
Government College University,  
Kotwali Road Faisalabad, Punjab  
Pakistan  
Email: drqasirabbas@gcuf.edu.pk  
Phone Number: +92-41-9200066

  
Dr. Qasir Abbas  
Associate Professor  
Dept of Applied Psychology  
G.C University Faisalabad